



Revised: 6-29-2020 (For External Use)

Multi-State Overview of the Interventions that States Plan to Include in Their Family First Prevention and Services Act State Plan and the Intervention Technical Reviews that Are Being Planned¹

Document Overview

The FFPSA Clearinghouse has evaluated about 28 interventions thus far – and 12 have been rated as well-supported.² (See Appendix A.) In response, some states are contracting for technical reviews of one or more interventions that they want to use in their state Family First Prevention and Services Act (FFPSA) plan that have not yet been rated by the Clearinghouse. This document provides information about three areas:

- (1) Which states are planning to have someone conduct an independent technical review of an intervention, and who are they asking to do that review.
- (2) The interventions that states plan to include in their FFPSA plan or have already been approved to use by the Federal Government.
- (3) What interventions have been rated by the FFPSA Prevention Clearinghouse and which interventions are under review currently.

Note that this is a very dynamic situation, and states are updating their plans and technical review choices. We will publish updates of this summary frequently to keep this as accurate as possible.

¹For more information about this summary please contact Peter J. Pecora in Research Services, Casey Family Programs. E-mail: PPecora@casey.org Phone: 206-270-4936.

² See <https://preventionservices.abtsites.com/> and <https://preventionservices.abtsites.com/program>

Table 1. Technical Reviews of Interventions that States Plan to Conduct or Have Conducted

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Arkansas	<p><i>All EBPs are being reviewed by the National Council on Crime and Delinquency (NCCD):</i></p> <ul style="list-style-type: none"> • Family-Centered Treatment (This technical review has been approved by ACYF, with FCT being rated as Well-Supported.) • Youth Villages Intercept (This technical review has been approved by ACYF, with YV Intercept being rated as Supported.) <p>Note that Arkansas plans to also include SafeCare in their state FFPSA plan, and will reference the Clearinghouse rating and the technical review coordinated by Casey Family Programs for Iowa and Utah. Note that shortly after Utah submitted it's the technical review for SafeCare to the Federal government, the Clearinghouse announced it had completed its review of that intervention and rated SafeCare as <i>Supported</i>. That rating was appealed by Utah and SafeCare; and the Clearinghouse is re-reviewing their evidence rating.</p>
Colorado	<p>(Reviewers TBD. Contact Elysia Clemens, <i>Colorado Evaluation Lab at the University of Denver</i>)</p> <ul style="list-style-type: none"> • Colorado Community Response • High Fidelity Wraparound
Iowa	<ul style="list-style-type: none"> • SafeCare (<i>Casey Family Programs: Peter J. Pecora; University of Kentucky: Antonio Garcia, The Analysis Factor: Audrey Schnell</i>) Note that the Clearinghouse recently rated SafeCare as <i>Supported</i>.
Kentucky	<p><i>All EBPs are being reviewed by the Public Consulting Group (PCG):</i></p> <ul style="list-style-type: none"> • 1-2-3 Magic • Cognitive Behavioral Therapy (CBT) • Homebuilders (Note that the Clearinghouse recently rated Homebuilders as <i>Well-Supported</i>.) • Sobriety Treatment and Recovery Team (START) (Has been approved as <i>Promising</i>.)
Nebraska	<ul style="list-style-type: none"> • Family Centered Treatment – FCT³ (<i>The Stephen's Group</i>) (The Arkansas technical review for FCT has been approved by ACYF, with FCT being rated as Well-Supported.)

³Nebraska currently has a contract for Family Centered Treatment, and it will be included with the transitional payments documentation in their plan.

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Utah	<p>Utah is contracting with the <i>Social Research Institute at the University of Utah</i> to conduct most of the independent systematic reviews. With Iowa's permission, Utah included the SafeCare technical review in their state FFPSA plan resubmission. Note that shortly after Utah submitted its technical review for SafeCare to the Federal government, the Clearinghouse announced it had completed its review of that intervention and rated SafeCare as <i>Supported</i>. That rating was appealed by Utah child welfare and the SafeCare development team, and the Clearinghouse is currently reviewing their rating.</p> <p>The services Utah plans to review next are these (in order of priority):</p> <ul style="list-style-type: none"> • Acceptance and Commitment Therapy (ACT) • Dialectical Behavioral Therapy (DBT) (for youth and adults) • Helping Men Recover • Helping Women Recover • High Fidelity Wraparound (Utah will work from the Colorado technical review results.) <p>To re-cap, these are the completed technical reviews that were submitted in February:</p> <ul style="list-style-type: none"> • SafeCare (<i>Casey Family Programs: Peter J. Pecora; University of Kentucky: Antonio Garcia, The Analysis Factor: Audrey Schnell</i>) The Clearinghouse recently rated SafeCare as <i>Supported</i>. • Seeking Safety (<i>Social Research Institute at the University of Utah</i>) <p>The services Utah plans to review next are these (in order of priority):</p> <ul style="list-style-type: none"> • Acceptance and Commitment Therapy (ACT) • Dialectical Behavioral Therapy (DBT) • Helping Women Recover / Helping Men Recover • Family Spirit (A decision to proceed with this review has not yet been made.) • High Fidelity Wraparound (Utah will work from the Colorado technical review results.)
Washington	<p>Washington DCYF is contracting with Angelique Day of the University of Washington, School of Social Work to conduct technical reviews of the following interventions:</p> <ul style="list-style-type: none"> • Canoe Journey • Family Spirit • Talking Circles

Interventions that States Plan to Include in Their FFPSA Prevention Plan

In Table 2 we identify which interventions states plan to include in their FFPSA plan or have had approved by the Federal Government. The jurisdictions that we have FFPSA intervention information for are these: Alaska, Arkansas, Colorado, District of Columbia, Georgia, Kansas, Kentucky, Michigan, Montana, Nebraska, Nevada, New Jersey, North Dakota, South Carolina, Texas, Utah, Virginia, Washington, Washington DC, and West Virginia. Note that not all of these jurisdictions have formally submitted their FFPSA plans to the Federal government. In this edition of the summary we include about eight American Indian-focused interventions that were included in the Alaska FFPSA state plan, which was recently submitted to the U.S. Children’s Bureau. Washington State plans to have about two technical reviews conducted on a small set of interventions tailored for American Indian families.

The District of Columbia (Washington DC) also included in its plans the following interventions that need further evaluation but that they see as effective for their families: Mobile Stabilization Services (MSS), Certified Peer Specialists, Family Peer Coaches - Strengthening Family Coping Resources (SFCR),⁴ C.A.S.E. - Center for Adoption Support and Education, Adoptions Together, and The Association for Successful Parenting (TASP): Successful Parenting DC.⁵

Kansas has developed their own approach to Family Preservation Services, and this intervention has been accessed extensively as a prevention program for families. It will remain an option for home-based, intensive, therapeutic and/or case management services offered to families in crisis when children are at high risk of out-of-home placement.

Two American Indian nations have submitted tribal FFPSA plans: Aleut Community of St. Paul Island and Eastern Band of Cherokee Indians.

States that have affirmed that they have not yet decided which interventions will be included in their plan are these: California, Connecticut, Minnesota, Missouri, Ohio, Oregon, Pennsylvania and Wyoming. In Table 2 to have space for the intervention names, we have omitted columns for Alabama, Arizona, California, Connecticut and Idaho until they are farther along in their planning process. Note that California is polling its Title IV-E Waiver counties for input but has not yet made a decision about what interventions it will include in its state FFPSA plan.

⁴ Family Peer Coaches Program (Certified Family Peer Specialists) group classes use the Strengthening Family Coping Resources (SFCR) Model. Staff are Certified Peer Specialists trained by DC Department of Behavioral Health.

⁵ For more information about The Association for Successful Parenting (TASP), see: <http://achancetoparent.net/dc-project/>

Table 2. Interventions that States Plan to Include in their FFPSA Prevention Plan

FFPSA Clearinghouse Rating: *Promising; **Supported; *Well-Supported; +Does not currently meet criteria**
Program Areas: PSB: Parent Skill-Based, MH: Mental Health, SA: Substance Abuse Treatment, KN: Kinship Navigator

EBP	Service Type																																														
		Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming	
State has affirmed that they not far enough along in their planning to identify EBPs at this time.																														X			X														X
123 Magic: Effective Discipline for Children	PSB													X								X		X																							
3-5-7 Model																							X																								
Acceptance and Commitment Therapy (ACT)	MH																				X ⁶																			X ⁷							
Active Parenting 4 th Edition																					X																										
Adolescent Community Reinforcement Approach (A-CRA)					X								X																																		
All Babies Cry																						X																									

⁶ Montana uses this specific program name: Acceptance and Commitment Therapy (ACT) – Raising Safe Kids

⁷Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
Families First	PSB																		X																											
Family Based Recovery	PSB, SA																									X																				
Family Behavior Therapy- Adolescent+																																														
Family Behavior Therapy- Adult+																																														
Family Behavior Therapy- Adult with Child Welfare Supplement+																																														
Family Centered Treatment***8	MH		X		X ₉				X		X		X				X						X																							
Family Mentoring													X ₁₀																																	
Family Spirit	PSB																				X																									

⁸ Family Centered Treatment was just rated as Well-Supported as part of the Federal review of the Arkansas prevention plan, using a technical review process.

⁹ Washington D.C calls this the Family-Centered Treatment - St. Francis program.

¹⁰ The Family Mentoring program in Kansas utilizes the Nurturing Parenting Program (NPP) to educate parents about healthy child development through parenting skills training and comprehensive professional support

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming		
Family Reunification Program																			X																													
Fatherhood is Sacred ¹¹	PSB	X																																														
Fostering Prevention													X																																			
Fostering Relationships																								X																								
Functional Family Therapy (FFT) ***	MH	X	X	X	X			X	X				X	X			X		X	X	X	X	X	X		X				X										X		X	X					
Generation PMTO													X																																			
Georgia's Kinship Navigator Program	KN							X																																								
Healthy Families America (HFA) ***	PSB			X	X			X			X		X				X		X		X		X	X		X				X													X		X			
Healthy Relationships (Alaska Native Wellness Institute)	MH	X																																														

¹¹The Native American Fatherhood and Families Association (NAFFA) in Alaska created and designed this program for fathers using a Native American approach. The goal of the program is to strengthen families through responsible parenting. NAFFA teaches parents to connect with their heritage as they become actively involved in the lives of their families.

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming		
Helping Women Recover & Beyond Trauma	MH							X																																								
Home visiting program	PSB																							X																								
Homebuilders ***	PSB		X						X		X										X		X	X						X													X					
Incredible Years	PSB							X													X																						X					
Intertribal Cultural Night ¹²	PSB																																															
Kinship Interdisciplinary Navigation Technologically Advanced Model (KIN-TECH)+													X																																			
Linking Generations by Strengthening Relationships ¹³	PSB	X																																														

¹² Drumming and craft activities are conducted every Friday in some Alaskan communities during the Cultural Night to promote spiritual awareness, awakening and connection, positive community interaction and connection, increased self-esteem, respect, confidence and identity.

¹³ The Alaska Native American Fatherhood and Families Association (NAFFA) created this training program for fathers, mothers and families including foster parents and step parents. Aimed to increase knowledge and skills to assists families by building relationships in the community.

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming	
Love and Logic	PSB																				X																										
Methadone Maintenance Therapy *	SA	X	X	X																				X																							
Motherhood is Sacred ¹⁴																																															
Motivational Interviewing *** (for SA)	MH, SA	X	X		X						X		X	X							X			X																X			X	X			
Multi-Systemic Therapy (MST) ***	MH, SA	X		X	X			X					X	X			X		X		X	X	X	X		X				X													X ₁₅	X			
Multi-Systemic Therapy for Child Maltreatment (MST-CAN) ⁺	MH																																														
Nurse-Family Partnership (NFP) ***	PSB	X		X							X						X		X		X	X		X		X				X												X	X				

¹⁴The Alaska Native American Fatherhood and Families Association (NAFFA) created this training program for fathers, mothers and families including foster parents and step parents. Aimed to increase knowledge and skills to assists families by building relationships in the community

¹⁵ Virginia does not intend to use MST for child abuse and neglect treatment.

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming	
Nurturing Parent Program for Parents & Their Infants, Toddlers and Pre-Schoolers (NPP-ITP) +	PSB	X	X ₁₆		X			X			X		X ₁₇				X				X	X		X																							
Nurturing Parent Program for Parents & Their School-Age Children (NPP 5-11) +	PSB	X	X		X			X			X		X				X				X	X		X																							
Ohio's Kinship Supports Intervention/Protect OHIO+																																															
Parent Mgt Training (PMT)	PSB																							X																							
Parent-Child Assistance Program (P-CAP)													X																																		
Parent-Child Interaction Therapy (PCIT) ***	MH	X	X	X	X								X	X			X		X		X	X	X	X						X																	

¹⁶ In Arkansas, NPP is called Nurturing Families of Arkansas. See <https://humanservices.arkansas.gov/about-dhs/dhfs/programs-services> and <https://www.nurturingparenting.com/news/news.i?cmd=view&newsid=63>

¹⁷ The Family Mentoring program in Kansas utilizes the Nurturing Parenting Program (NPP) to educate parents about healthy child development through parenting skills training and comprehensive professional support

14 Source: California Evidence-Based Clearinghouse. <https://www.cebc4cw.org/program/attachment-and-biobehavioral-catch-up/>

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming	
Parenting a Second Time Around	PSB																				X																										
Parents as Teachers (PAT) ***	PSB	X		X	X			X					X						X			X		X		X				X									X			X	X	X			
Parenting with Love and Limits (PLL)	PSB	X																																													
Parents Anonymous	MH				X																																										
Positive Indian Parenting	PSB	X																																													
Project Connect	SA				X																																										
Recovery Coaches (CT Center for Addiction & Recovery (CCAR) certif	SA				X																			X																							
SafeCare**	PSB		X ₁₈	X				X				X							X			X		X																X			X				
Seeking Safety+	SA							X					X																											X							

¹⁸ Arkansas plans to continue to use SafeCare – where 100% of the costs are paid by Medicaid through June 2020.

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming		
Sobriety Treatment and Recovery Teams (START)*	PSB, SA												X	X			X		X					X																								
Solution Based Casework	MH							X				X																																				
Solution Focused Brief Therapy	MH, SA																							X																								
Strengthening Families	PSB																							X																								
Substance abuse CBT	SA																							X																								
Teaching Family Model	PSB		X																					X																								
The Seven Challenges	SA							X																																								
Together Facing the Challenge																								X																								
Transition to Independence	PSB			X																				X																								
Trauma Focused CBT *	MH	X	X	X				X						X							X	X	X	X		X														X		X						

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming				
Triple P - Positive Parenting Program +	MH							X												X	X		X																						X					
Two Spirit																			X																															
Wellbriety Support Group	SA	X																																																
Wraparound or High Fidelity Wraparound	MH, PSB			X																		X																												
Yéil Koow Shaawát (Raven Tail Woman)	MH	X																																																
Youth Villages Intercept ^{t**19}	PSB		X																		X																													
Youth Villages Lifeset					X																																													

¹⁹ Youth Villages Intercept was just rated as *Supported* as part of the Federal review of the Arkansas prevention plan, using the intervention technical review process.

State Intervention Planning Notes

- **Arkansas:** Most of these EBPs will be implemented in phases.
- **Hawaii:** State leaders will review whatever services are submitted through Clearinghouse current “Call for Services” and will further use those as guideline on how to proceed with Services assessment
- **Kentucky:** Interventions are those that were listed on their submitted FFPSA plan.
- **Nebraska Additional Interventions:** Nebraska did a Request for Qualifications (RFQ) and these are the providers’ proposed models that scored sufficiently but they are in the process of putting out an addendum to notify these providers that based on the Transitional Payments PI, that in order for the state to contract with them they need to provide the information as required in the recent ACYF Program Instruction. Then the plan as of now is to have the consulting group do the independent review of the program. Nebraska will only include the program in their plan if the provider submits the required PI documentation and their independent review supports the program rating, with the exception of Family-Centered Treatment.

<ul style="list-style-type: none">▪ Cognitive Behavior Therapy (CBT)▪ Acceptance Commitment Therapy▪ Cognitive Processing Therapy▪ Eye movement desensitization and reprocessing (EMDR)▪ Common Sense Parenting	<ul style="list-style-type: none">▪ Homebuilders▪ Motivational Interviewing (MI)▪ Child Parent Psychotherapy (CPP)▪ Family Centered Treatment (FCT) – NE currently has a contract for this program and it will be included with the transitional payments documentation in their FFPSA plan
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- **New Jersey:** In the table are the interventions already being provided and those that have been provided prior to FFPSA. Due to Medicaid-related FFPSA guidance released recently, the state is in the process of considering additional models.
- **Utah:** Services that are currently being considered for future amendments (which will be reviewed by the University of Utah) include ACT, DBT (for youth and for adults), Helping Men Recover, and Helping Women Recover. Utah is also considering Multi-Systemic Treatment as an intervention as well as Wraparound or High Fidelity Wraparound (which Colorado is preparing a technical review of).
- **Virginia:** At this time, VA does not plan to do any technical reviews of evidence-based programming for the state.
- **Washington DC:** Interventions are those that were listed on their FFPSA plan that was just approved by the Children’s Bureau.
- **Washington State:** State leaders also have plans to undertake additional Evidentiary Review (as specified in the Transitional Payment PI) and submit an expanded list, hopefully by next Spring. They chose their initial list primarily based on EBPs that they already have contracts for, and have some level of supportive infrastructure in place, in addition to the EBP having been reviewed or under review by the Clearinghouse.

Appendix A: Programs That Have Been Rated by the Prevention Services Clearinghouse and Those that are Under Review

Table A1. Programs That Have Been Rated by the Prevention Services Clearinghouse

Clearinghouse Rating:

*Promising, ** Supported, ***Well-Supported +Does not currently meet criteria

Reviewed and Rated as Promising, Supported or Well-supported
Mental Health:
• Brief Strategic Family Therapy (BSFT)*** (also IH and SA)
• Child-Parent Psychotherapy (CPP)*
• Functional Family Therapy (FFT)***
• Multisystemic Therapy (MST)*** (also SA)
• Parent-Child Interaction Therapy (PCIT)***
• Trauma Focused-Cognitive Behavioral Therapy (TF-CBT)*
Substance Abuse
• Brief Strategic Family Therapy (BSFT)*** (also MH and IH)
• Families Facing the Future**
• Methadone Maintenance Therapy*
• Motivational Interviewing (MI)***
• Multisystemic Therapy (MST)*** (Also MH)
In-Home Parent Skill-Based:
• Brief Strategic Family Therapy (BSFT)*** (also SA and MH)

• Healthy Families America***
• Homebuilders***
• Nurse-Family Partnership (NFP)***
• Parents as Teachers***
• SafeCare**1
Kinship Navigator Programs:
• <i>None at this time</i>

¹SafeCare was also submitted as a technical review with a rating of Well-Supported. The Prevention Clearinghouse rating has been appealed because a key study was not included in the Clearinghouse review.

Table A2. Interventions Reviewed but the Evidence Does Not Currently Meet Criteria to be Rated

Mental Health:
▪ Multisystemic Therapy (MST) for Child Abuse and Neglect
Substance Abuse
• Family Behavior Therapy – Adolescent (Adolescent FBT)
• Family Behavior Therapy – Adult (Adult FBT)
• Family Behavior Therapy – Adult with Child Welfare Supplement (Adult FBT-CWS)
• Seeking Safety

In-Home Parent Skill-Based:
• Nurturing Parenting Program for Parents & Their Infants, Toddlers, & Preschoolers (NPP-ITP)
• Nurturing Parenting Program for Parents & Their School Age Children 5 to 11 years (NPP 5-11)
• Solution-Based Casework (SBC)
Mental Health:
• <i>None at this time</i>
Kinship Navigator Programs:
• Children’s Home Society of New Jersey Kinship Navigator Model
• Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
• Ohio’s Kinship Supports Intervention/ProtectOHIO

Table A3. Interventions with Ratings Approved via the ACF Technical Review Process

In-Home Parent Skill-Based:
• Family-Centered Treatment (Submitted by Arkansas)
• Youth Villages Intercept (Submitted by Arkansas)

Table 3. Programs Currently Under Review by the Prevention Services Clearinghouse

<p><i>Mental Health:</i></p> <ul style="list-style-type: none"> ▪ Attachment and Biobehavioral Catch-Up (also IH) ▪ Eye Movement Desensitization and Reprocessing ▪ Incredible Years ▪ Interpersonal Psychotherapy ▪ Interpersonal Psychotherapy for Depressed Adolescents ▪ Multidimensional Family Therapy (also SA & IH) ▪ Prolonged Exposure Therapy ▪ Triple P – Positive Parenting Program ▪ Trust-Based Relational Intervention 	<p><i>Substance Abuse:</i></p> <ul style="list-style-type: none"> ▪ Adolescent Community Reinforcement Approach ▪ Multidimensional Family Therapy [also listed under mental health and in-home parent skill-based] ▪ Sobriety Treatment And Recovery Teams (START) ▪ The Matrix Model ▪ The Seven Challenges
<p><i>In-home Parent Skill-based:</i></p> <ul style="list-style-type: none"> ▪ Attachment and Biobehavioral Catch-Up (also MH) ▪ Attachment and Biobehavioral Catch-Up [also MH] ▪ Family Centered Treatment ▪ Family Check-up ▪ Family Spirit ▪ Iowa Parent Partner Approach ▪ Multidimensional Family Therapy (also MH & SA)] ▪ SafeCare (Re-Review) ▪ SafeCare Augmented ▪ Youth Villages Intercept 	<p><i>Kinship Navigator:</i></p> <ul style="list-style-type: none"> ▪ YMCA Kinship Support Services, YMCA Youth and Family Services of San Diego County

Source: <https://preventionservices.abtsites.com/about/fag> **NOTE:** This working list, presented in alphabetical order within each program or service area, may be changed in accordance with the Clearinghouse's *Handbook of Standards and Procedures* and as needed to support implementation of ACYF-CB-PI-19-06, *Transitional Payments for the Title IV-E Prevention and Family Services and Programs*. If there are multiple formal adaptations of a program or service, the Clearinghouse may select one adaptation for review. This is intended to maximize the number of different programs and services reviewed. The Clearinghouse aims to review and rate as many programs and services as quickly as possible, and will continue to release ratings for programs and services on a rolling basis.